1. Do you have access to trusted, skilled, and quality health services?
   - yes
   - no

2. Does your provider offer stigma-free HIV testing, counseling, and treatment?
   - yes
   - no

3. Do you feel safe and respected during labor and delivery?
   - yes
   - no

4. Do you have access to all the postpartum care you need, including HIV treatment if necessary?
   - yes
   - no

5. Does your provider ask you about your family planning needs and preferences?
   - yes
   - no

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**HIV counseling, testing, and treatment**
A UNAIDS study revealed that pregnant women fear lack of confidentiality regarding their HIV status and related stigma and discrimination by their communities and health care workers, which deters them from being tested for HIV and accessing treatment to benefit their own health and to prevent HIV transmission to their children.2

**Safe, respectful delivery**
Maternity care often fails to “go beyond the prevention of morbidity and mortality to encompass respect for women’s basic human rights.”3 Disrespect and abuse documented worldwide can include: discrimination, lack of informed consent, and physical and verbal abuse.4

**Woman-centered postpartum care**
For every woman who dies during childbirth, about 20 others experience severe and long-lasting complications, such as obstetric fistula, which can be prevented through skilled maternity and postpartum care.5

**Integrated, voluntary family planning services**
In a 2008 study in the Dominican Republic, 97% of women entering a public hospital for labor were interested in postpartum family planning; however, only 12% received a method before leaving the hospital.6

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**Sources:**

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**Join the Call to Action for Woman-Centered Care!**

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