During the 16 Days of Activism Against Gender-Based Violence, CHANGE invites you to participate in a global online vigil to stand with women and girls raped in conflict.

November 25, 2015 — December 10, 2015

Around the world, women and girls who survive rape in conflict are too often unable to access the care that they need because of U.S. political barriers to safe abortion. This online vigil will send a message to President Obama that we stand with women and girls raped in conflict and will call on him to break barriers to safe abortion. With a stroke of his pen, President Obama can eliminate these barriers and ensure that the U.S. is a leader in providing comprehensive post-rape care, including safe abortion services, to survivors of sexual violence in conflict.
SEND PRESIDENT OBAMA A MESSAGE

Send a virtual candle to President Obama by posting on Facebook and Twitter, urging him to stand with women and girls raped in conflict and take executive action on the Helms Amendment. Be sure to tag @POTUS. And of course, please include #HelmsHurts, #16Days, and #BreakBarriers hashtags in all of your Tweets and Facebook posts! Click here to download the image. You can also share with us a 20-second video urging President Obama to take action for women and girls raped in conflict. And, don’t forget to change your profile picture on Facebook and Twitter and show your support for women and girls globally! → Click here to go to our action page where you can download images, change your profile picture, send a message to the President, and more.

SAMPLE TWEETS

• @POTUS I stand w/ women & girls raped in conflict. Will you? #HelmsHurts #16days #BreakBarriers
• @POTUS it's time for US support of abortion access for women & girls raped in conflict! #HelmsHurts #16Days #BreakBarriers
• @POTUS no woman who survives rape in conflict & becomes pregnant should be told by USG it can't help #HelmsHurts #16Days #BreakBarriers
• Join online vigil & tell @POTUS to #BreakBarriers to post-rape care for women & girls raped in conflict #16days #HelmsHurts

SAMPLE FACEBOOK POSTS

• President Obama it’s time to stand with women and girls raped in conflict by breaking barriers to safe abortion care. #HelmsHurts #16Days #BreakBarriers
• President Obama: no women or girl who survives rape in conflict, becomes pregnant, and wants access to safe abortion services should be told by the U.S. government that there’s nothing it can do to help. It’s time to take executive action! #HelmsHurts #16Days #BreakBarriers

KEY RESOURCES

• Video: Act Now for Women and Girls
• Video: Tell Obama #HelmsHurts
• Infographic: “Break the Barriers: Stand with Women and Girls Raped in Conflict or Crisis”
• Faith Leaders Call on Obama to Act
• Act Now Poster
• Washington Post: An inhumane U.S. policy
• New York Times: Religious Leaders Urge U.S. to Fund Abortions for Rape Victims in Conflicts Abroad
• Buzzfeed: Obama Is Going To Kenya And The Country’s Women Want To Talk About Abortion
• Women Under Siege: Few care services available for women, raped and pregnant, escaping ISIS captivity
• Roll Call: Democrats Urge Obama to Address Needs of Rape Survivors in War Zones